



ART & WELLNESS ACTIVITY GUIDE

IN PARTNERSHIP WITH P.S. ARTS

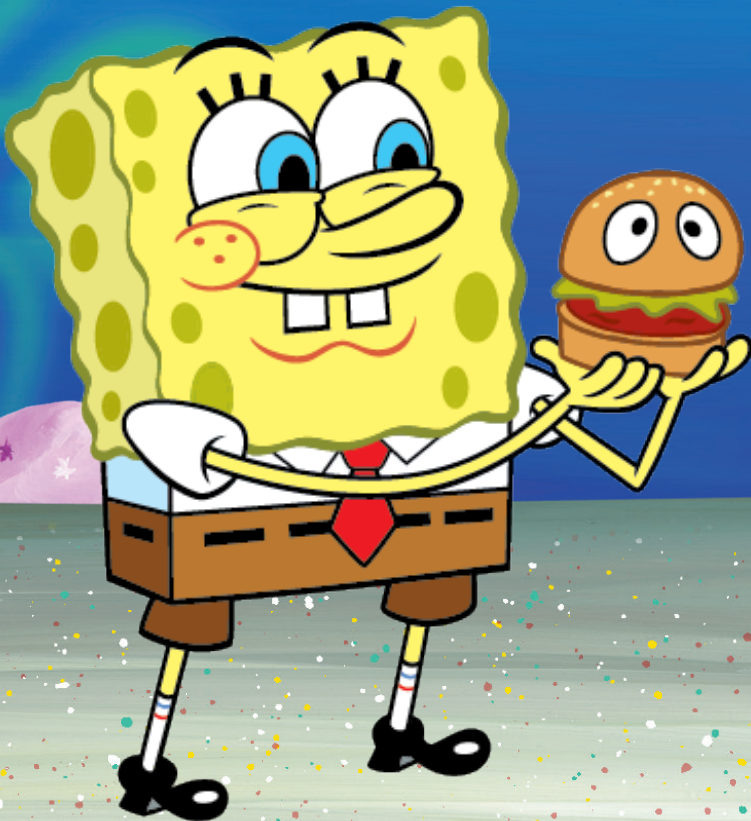


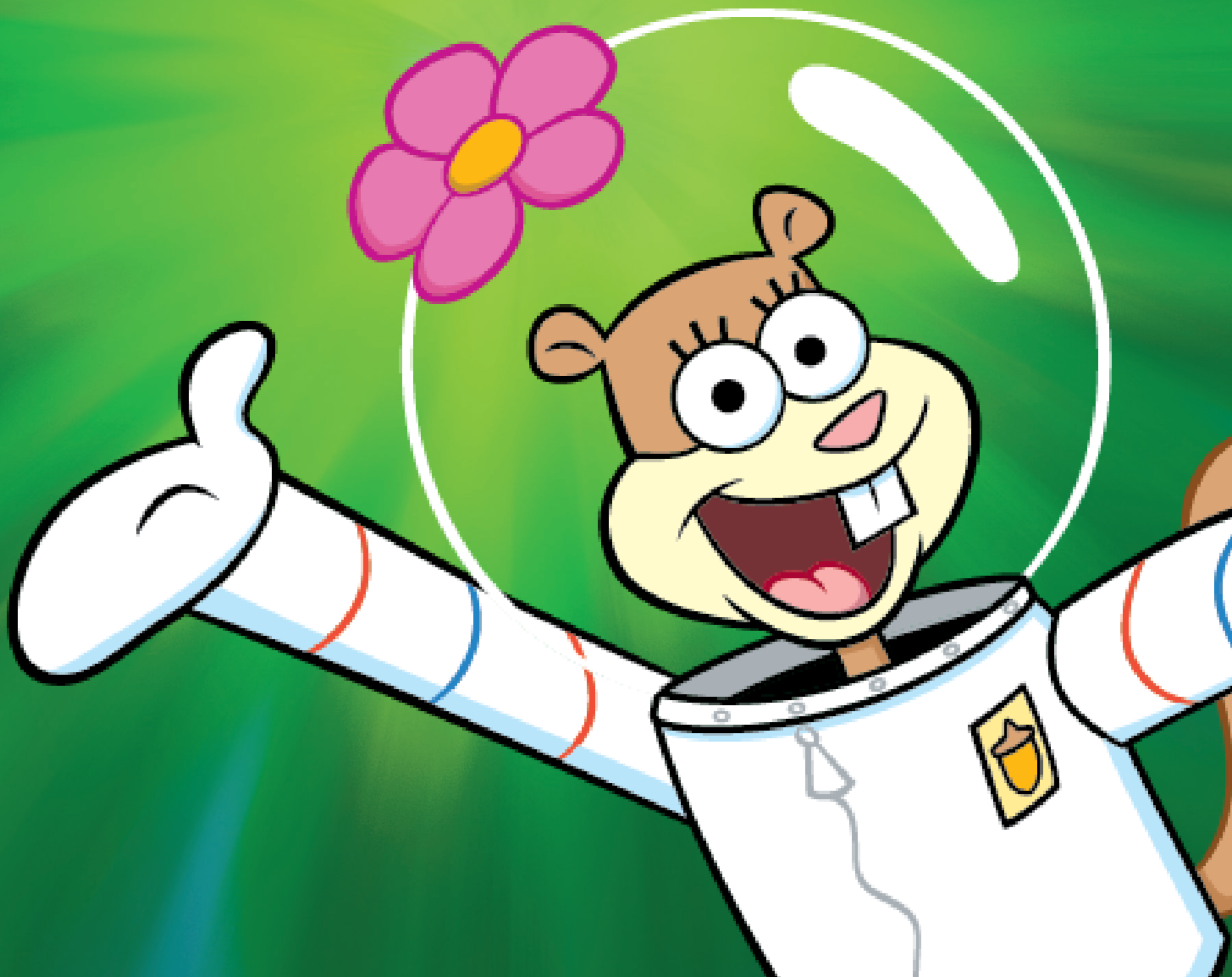
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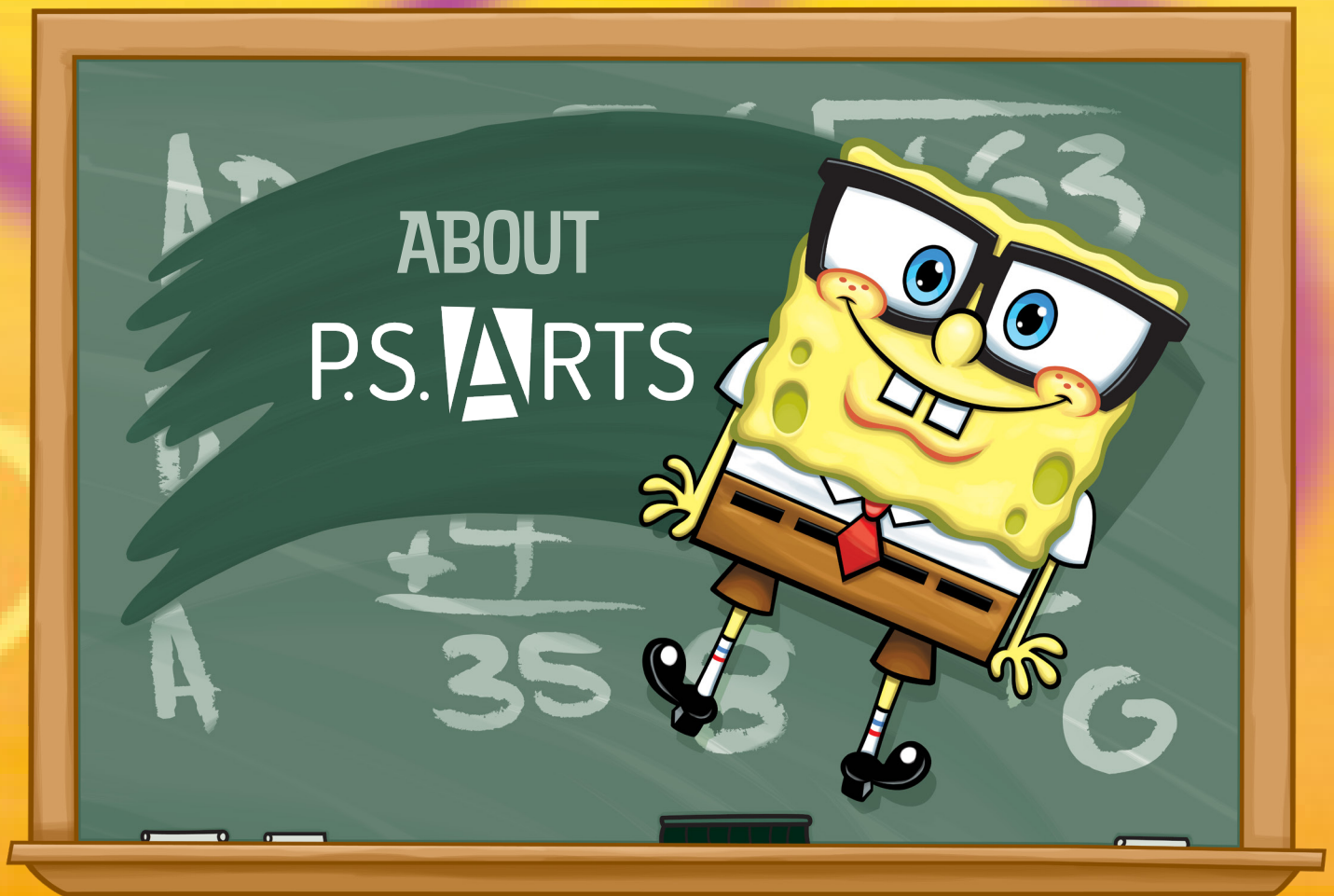
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INTRODUCTION

This activity guide supports educators, parents, and volunteers in facilitating creative projects that support social emotional learning and academic growth. It leverages the expertise of Nick Community Efforts (NiCE) and provides background, creativity prompts, and step-by-step instructions for creative projects inspired by SpongeBob and Bikini Bottom.

This activity guide was developed by arts education experts at P.S. ARTS.





P.S. ARTS is a Los Angeles-based nonprofit dedicated to advancing equity and opportunity for children through arts education in public schools. P.S. ARTS was founded in 1991 to address resource inequities in California schools that persist today. While the 2022 Otis College Report on the Creative Economy notes that more than 70% of jobs in the state are in creative industries, schools serving the highest numbers of families living below the federal poverty line and youth affected by systemic racism are the least likely to provide art, music, theater, dance, or digital media classes.

Over three decades, P.S. ARTS has grown from serving 285 students in one school to more than 25,000 students across 17 school districts. Designed by a team of psychologists, educators, and artists, P.S. ARTS programs support wellness and prepare children to meet life's challenges by fostering creativity, compassion, confidence, and belonging.



NICKELODEON COMMUNITY EFFORTS

Let's Draw! & ¡Vamos A Dibujar!: Pairing Nickelodeon Artists with kids to build creative confidence via the simple joy of drawing. Every year Nickelodeon artists draw with over five thousand kids worldwide.

Best Field Trip Ever Program: Utilizing technology, Nickelodeon employees can now talk to kids anywhere in the world about art – we routinely host animation bootcamps, coordinate panel discussions, attend job fairs, and have aspiring artists shadow employees in their day-to-day duties.

Masterclasses: Masterclasses shifted to a virtual format and utilizing the Nickelodeon Twitch Channel we have hosted a series of sessions that allow kids worldwide to learn about on the key phases of the Nickelodeon Animation Production process.

Mentorship: Nickelodeon pairs employees with aspiring storytellers from schools across the continent to help them craft their ideas into reality.

ARTS & WELLNESS

Supporting students' social and emotional wellness is a top priority for educators. Social emotional learning (SEL) is critically important to maintaining mental health and wellbeing. According to The Collaborative for Academic, Social, and Emotional Learning, SEL is the process through which people acquire and apply knowledge and skills to develop positive identities, manage emotions, achieve personal and group goals, and build healthy relationships (2022). Researchers at the University of Chicago found that "exposure to arts opportunities allows students and teachers to engage with one another in a way that often stands in contrast to how they engage with each other in the context of regular academic instruction and that provides rich opportunities for social-emotional learning" (2019). The following activities encourage common practices for maintaining social emotional wellness, including: **keeping an open-mind, playing, being your authentic self, taking chances to grow, acts of service and generosity, and persevering.**

Use the acronym S.P.O.N.G.E to help you remember and reinforce the social emotional learning process:

S.P.O.N.G.E

SENSING

We gather information about the world through our senses.

PONDERING

We need to think about how new information builds on what we already know and how we can apply it in our daily lives.

OBSERVING

Noticing how others perceive and respond to information reminds us that people experience the world differently.

NEGOTIATING

Being part of an inclusive community means valuing differing points of view and compromising so everyone's needs are met.

GENERATING

Identifying needs in one's community and finding solutions encourages agency, purpose, and a sense of belonging.

EDITING

Continuously reflecting on our experiences and adapting our behavior and expectations is key to learning and growth.



ACTIVITY 1

OPEN YOUR MIND

Wellness Anchor: Open-mindedness is essential to learning about and connecting with people who think and live differently from us. It is also an essential personality trait for social change leaders and innovators. Psychologists describe openness as being imaginative, curious and open to new experiences and ideas.

The Bikini Bottom Hook: SpongeBob demonstrates his open-mindedness from day one in the series pilot, “Help Wanted,” when he overcomes his insecurities and imagines himself as a fry cook at The Krusty Krab, and again in season two when SpongeBob invents pretty patties in “Patty Hype.”

Tips by Age-Group:

Elementary:

Make samples ahead of time.
Model new activities and skills.

Tween/Teen:

Relate new ideas and experiences to familiar/popular ideas.

Adult/Family:

Challenge participants to imagine projects in other times and places.

Let's Build: Krusty Krab Krabby Patties!

Deep in the vast waters of the Pacific Ocean, steps away from a pineapple under the sea, you will find the legendary Krusty Krab; home of the saltwater favorite - the Krabby Patty. Keep an open mind as you create your own Krabby Patty, experiment with different ingredients and discover your own secret formula!



YOU WILL NEED:

- Modeling Clay
- Shaping tools or cutlery
- An open-mind

STEP 1:

Take a tan colored piece of clay, place it between the palms of your hands and roll it into a ball. Once you have the ball, place it on a flat surface and lightly press down on it to make a bun. Make sure to make two!



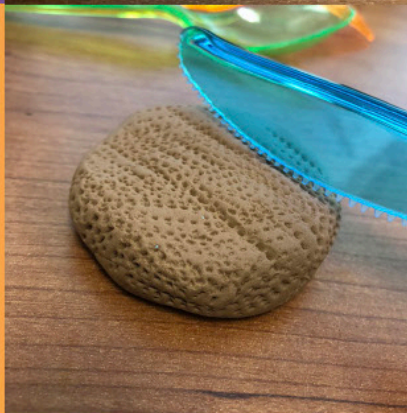
STEP 2:

Repeat Step 1 with a brown piece of clay to create the patty. Once you've finished making the patty, place it on top of one of the buns you made in Step 1 to start building your Krabby Patty!



STEP 3:

You can use tools like plastic forks, knives and spoons to create **texture** on any of your ingredients. **Texture** is one of the seven elements of art along with form, shape, line, color, value and space.



STEP 4:

Time for the cheese! Repeat Step 1 with orange colored clay. This time, flatten your clay until it's a square and then pinch the corners so it looks like a slice of cheese! Place it on top of your patty when you finish.



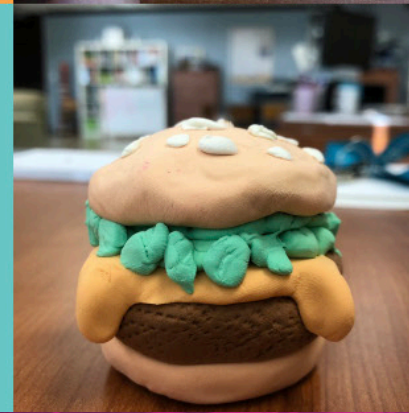
STEP 5:

Repeat Step 1 with a green piece of clay. Use a spoon to crinkle the edges of your clay to resemble the edges of a slice of lettuce! When you finish, place it on top of the slice of cheese.



STEP 6:

Top off your lettuce with your second bun, and you've made a Krabby Patty! Experiment with different ingredients and create a variety of Krabby Patties. What's in your secret formula? Sesame seeds? Pickles? Onions? Potato Chips? You decide!





ACTIVITY 2 PLAY!

Wellness Anchor: Humans learn through play. Playing also reduces anxiety, develops social skills, and encourages self-expression and communication. Moreover, imaginative play allows us to try on different identities, discover what motivates us and brings us joy, and brings communities closer together.

The Bikini Bottom Hook: For SpongeBob, life is all about play and being silly! It's right in the theme song – If nautical nonsense is something you wish... – Not every adult associates having fun with emotional wellness, but psychologists agree exercising imagination and getting away from the pressure to follow the rules and achieve is key to good mental health. In the season 11 episode, "Fun-Sized Friends," SpongeBob and Patrick are determined not to let Squidward ruin their fun and dream up mini-versions of themselves to give the other so they'll have somebody to play with even when they're apart!

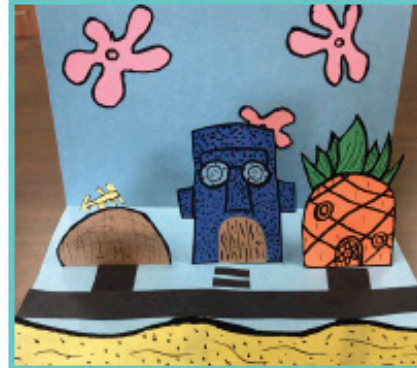
Tips by Age-group:

Elementary: Do nothing! Let kids be kids. Allow for silliness.

Tween/Teen: Model not taking yourself too seriously and being okay with making mistakes.

Adult/Family: Emphasize work/play balance!

In the "Fun-Sized Friends" episode from Season 11, a grumpy Squidward shuts down Spongebob and Patrick's day of play. Determined to play, have fun and keep each other company, Spongebob and Patrick gift each other with mini clay versions of themselves, and build tiny replicas of their homes for their fun sized friends. Use your imagination to create a miniature pop up of Conch Street that Spongebob and Patrick's fun-sized friends can play in!

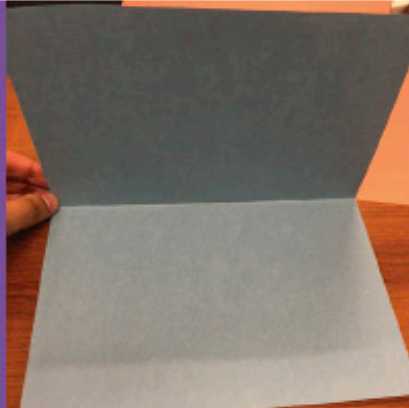


YOU WILL NEED:

- Pencil
- Construction Paper
- Glue
- Markers
- Scissors
- Cardboard
- A playful imagination

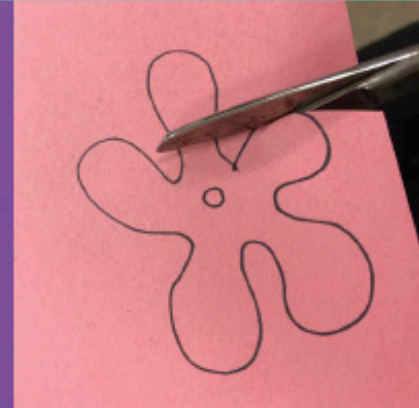
STEP 1:

Scale is a word used in art to describe the size of an object when compared to another object. Usually, when we examine the size of a work of art, we compare it to how big (or small) it is compared to ourselves. To create our small-scaled version of Conch Street, we'll begin by folding our construction paper in half to create the base for our neighborhood.



STEP 2:

To create our model, we'll be dividing it by creating a background, middleground, and foreground. We use these terms to describe the elements of a picture or art that create depth or the illusion of space. The background is the space furthest from the viewer, the middleground is the space in between the background and the foreground is the space closest to the viewer. We're going to start with our sky, which is in our background. Draw some Bikini Bottom clouds and cut them out with some scissors.



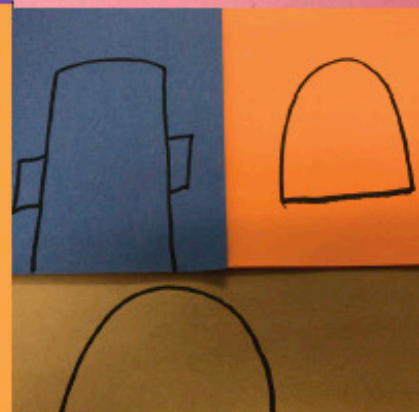
STEP 3:

Glue your clouds onto the half of the paper that is standing up. To give your drawings a more graphic look, outline them with a black marker! If you want to add other things to your background, make sure you scale them down, as things that are further away from us generally look smaller.



STEP 4:

Now we're going to move on to our middleground. We'll be recreating Patrick's, Squidward's and Spongebob's homes. Draw these simple shapes to get the base of every home. You can draw them on different colored paper, or use white paper and color them in with a marker.



STEP 5:

Cut out your pieces. To create details for the homes, you can draw them directly on, or draw them on different colored paper and attach them with glue. Here, we're drawing the leafy top of Spongebob's Pineapple. To make sure the scale remains the same, use your cut out and draw around the top of it.



STEP 6:

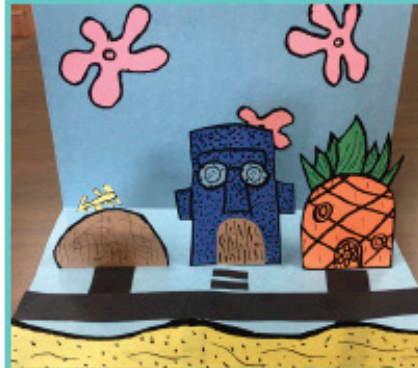
You can do the same with Squidward's and Patrick's homes. Here, we used different colors for the windows and the door, but you can draw them on too! Squidward's house appears to be made of stone, you can create the illusion of texture using a marker! By drawing small, condensed dots, we can give the house a rough, weathered texture. What textures can you come up with for Spongebob's and Patrick's homes?



Continued...

YOU WILL NEED:

- Pencil
- Ruler or straight edge
- Construction paper
- Eraser
- A playfull imagination



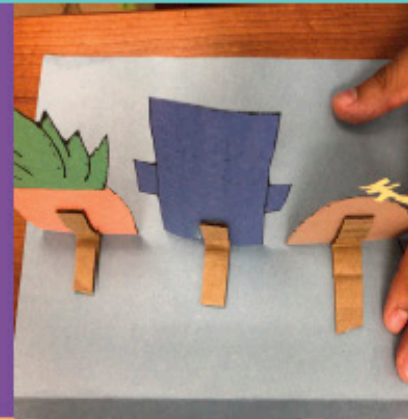
STEP 7:

To make sure that your structures stay up, cut out small pieces of cardboard or another sturdy material and fold it into the shape of a letter "L."



STEP 8:

Glue and secure these pieces on to the back of your structures.



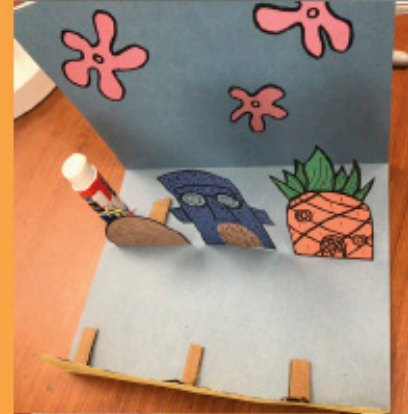
STEP 9:

Now, we're going to create the foreground! Use a yellow paper (or color a white paper yellow) to create some sand.



STEP 10:

You can choose to glue the sand down flat, or hold it up with pieces of cardboard. Remember, because it's in our foreground it has to be at the very front. Now that we have our foreground, we can clearly see how the 3 different spaces are divided in our model.



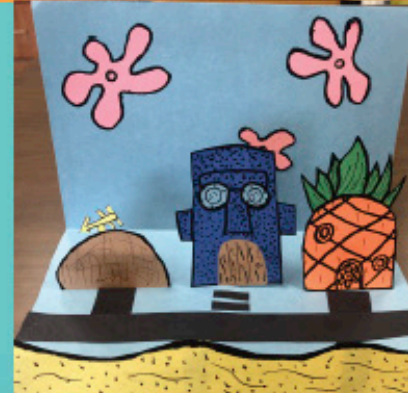
STEP 11:

If your background is having a hard time staying up, you can use a piece of cardboard shaped like a right triangle to hold it up.



STEP 12:

Add more details to Spongebob's neighborhood! Who's playing outside? If you add characters, make sure to scale them correctly - you can use their homes as references. It wouldn't make sense for them to be bigger than the homes, would it? Once you finish your pop up, you can use it to make stop motion animation films!





ACTIVITY 3 BE YOURSELF

Wellness Anchor: Originality and not bending to peer-pressure are the cornerstones of self-esteem and a strong positive identity. The world's greatest inventors from Leonardo Da Vinci to Steve Jobs challenged conventions, imagined new ways to approach problems, and didn't let others' short-sightedness or biases stop them from being their authentic selves.

The Bikini Bottom Hook: In the Season 11 episode "Squid Noir," Squidward's clarinet goes missing. To track it down, Squidward and the gang don their trench coats and fedoras and become hard-boiled detectives. Using film noir to punctuate the unique style and sensibilities of the characters, "Squid Noir" provides an excellent example of how being your unique self and a brave original thinker pays off.

Tips by Age-group:

Elementary:

Ask participants to come up with one project variation (color, size, etc...).

Tween/Teen:

Give participants style/aesthetic choices at multiple stages of the project.

Adult/Family:

Challenge participants to come up with their own unique twist on the project (e.g. make it 3D!).

In the Season 11 episode "Squid Noir," Squidward's clarinet goes missing. To track it down, Squidward and the gang don their trench coats and become detectives. The episode makes use of film noir, a style of filmmaking that emphasizes a dark mood by its use of lighting, characters, and themes. In this project, we will be exploring color theory by way of pure colors, tints, and shades. Recreate a still shot from the episode and analyze how the presence of color, or lack thereof, can affect the way a viewer experiences an image.



WHAT YOU NEED:

- Watercolors, tempera/ acrylic paint, or colored pencils
- Images of different characters to color in
- Appreciation for our differences

STEP 1:

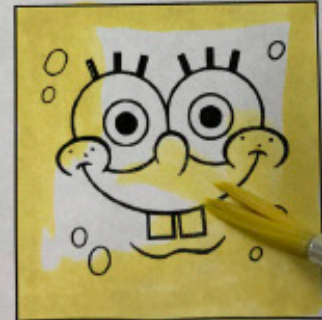
Once you have your "SpongeBob Color Swatches" print out, we'll begin by painting in the top box, labeled "color" with our pure color. Since we're working on Spongebob, we're using yellow. This box will serve as our reference. As we create new colors, we can look back at our reference to see how much they've changed from their original hue (color).



Color

STEP 2:

The box right below our reference is labeled "tint." A tint is created whenever you mix a color with white. Take your yellow, and mix in a bit of white to create a lighter tint of your original color.



Tint

STEP 3:

We're using watercolors for this example, but you can also use colored pencils, or tempera/ acrylic paints!

If you're using watercolors, you can mix the colors off to the side. Start off with the base color, add some water to your brush and add the color you'd like to mix in.

To create a tint with colored pencils, use a white pencil and color in the entire box. Then, grab a yellow pencil and color on top of the white - they will mix and create a yellow tint!



Shade

STEP 4:

The next box is the shade box. A shade is created whenever you mix a color with black. Take your original yellow color and mix it in with a bit of black to create a darker shade. Black is a strong color, a little goes a long way, so it's best to add it gradually to get your desired shade!



Shade

STEP 5:

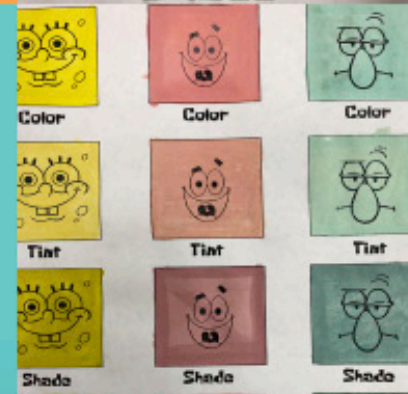
Our very last box is blank! Experiment with color mixing to create your own tint, or shade of Spongebob's yellow hue. Give your color it's own unique underwater-themed name!



SEA SPONGE YELLOW

STEP 6:

Now that you've painted SpongeBob - try your hand at Patrick's and Squidward's hues! The steps are the same, but you'll begin with a different pure color.



Continued...

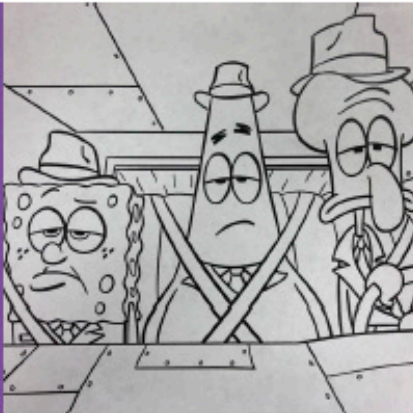


MATERIALS:

- Watercolors, tempera/acrylic paint, or colored pencils
- Blank character print-outs
- Appreciation for our differences!

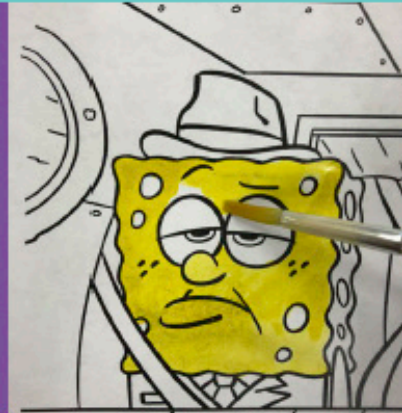
STEP 7:

Now that you've practiced color mixing, bring this still shot from "Squid Noir" to life by painting it in! How does adding color affect the overall tone or mood of the scene?



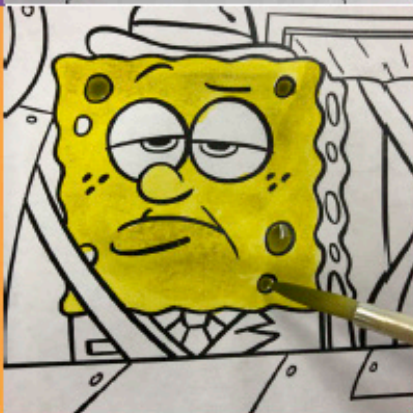
STEP 8:

Starting off with SpongeBob, we're taking our pure color and painting his face. The holes in his face will have to be a darker shade, so we'll skip them for now.



STEP 9:

The holes in SpongeBob's porous body receive less light than the rest of his body, which means they will be darker. Mix your pure color with some black to create a darker shade. To paint this still shot, you'll have to imagine a light source (where light is coming from) and what objects are receiving the most/least amount of light.



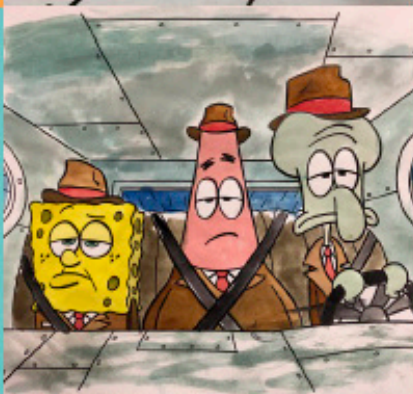
STEP 10:

SpongeBob's eyelids look tired, and as a result they appear to be puffing out of his face. This could mean they are receiving more light than the rest of his face, which means we'll have to create a tint of our pure color!



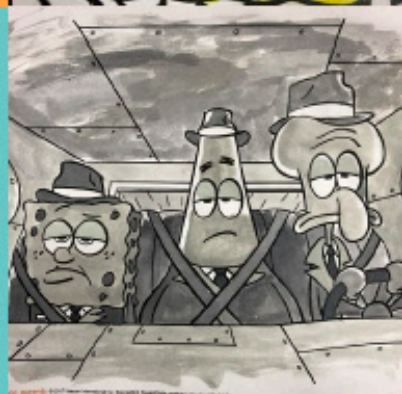
STEP 11:

Use these techniques to paint in the rest of your image!



STEP 12

Too easy? Try painting the same image using only black and white! Compare the two - which one sets the more appropriate tone? Is the mood the same between both versions?





ACTIVITY 4

TAKE CHANCES

Creativity Anchor: Being adventurous and willing to take some risks for the sake of discovery and personal growth are core traits of people. Creative people let their curiosity guide them into new experiences and knowledge.

The Bikini Bottom Hook: In season 10 episode, “Feral Friends,” all the sea creatures are transformed into real-looking wild animals. Only Sandy is immune, and she has to dig deep to find her sense of adventure and save her friends (and avoid being eaten herself!). In this episode we see that what someone is made of – literally – makes an impression on others.

Guidance by Demographic:

- Elementary:** Make participants feel supported with detailed instructions.
- Tween/Teen:** Encourage participants to try new art techniques and materials.
- Adult/Family:** Change up the environment, activities and groups often!

In the "Feral Friends" episode from Season 10, Neptune's moon transforms all of Bikini Bottom's sea creatures into realistic, biological versions of themselves. Being that Sandy isn't a sea creature, she does not transform and takes on the responsibility of protecting her friends. In this exercise, we will explore how to create the illusion of texture by transforming SpongeBob from his spongy form into various other forms, examining how texture can change the look and feel of the beloved sea sponge.

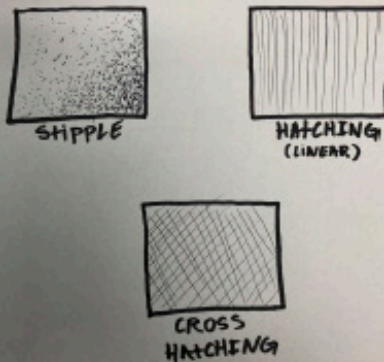


MATERIALS:

- Pen
- Downloadable Handout
- Eraser
- Optional: Marker, Pencil sharpener
- Don't forget your imaaaagination!

STEP 1:

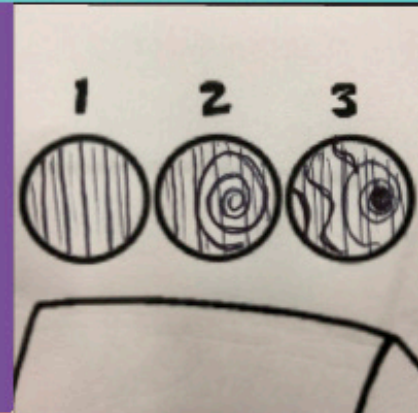
For our texture exercise, we'll be utilizing stippling and hatching (linear + cross). These are techniques that artists use to make their drawings more life-like. Stippling consists of marking a page with numerous small dots. The more condensed they are, the darker the pattern appears. The more spread out they are, the lighter it will appear. This can help create value - how light or how dark something is. Value is an important element to consider when creating the illusion of texture. Hatching works the same way. With linear hatching, the closer your lines are together the darker the pattern will appear. With cross hatching, your pattern will darken the more you cross your lines.



STEP 2:

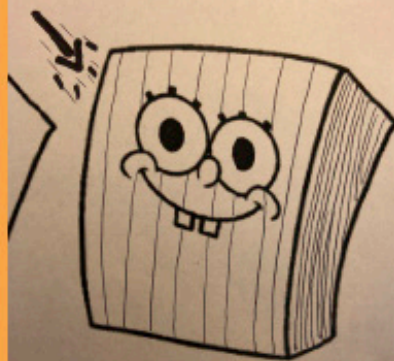
Download and print out the template so that you can begin practicing.

What if our porous friend was made of wood? We can split this pattern into three different steps. We'll begin by creating linear hatches, then, we'll add some of the swirls commonly found in wood patterns, and finally we'll add to the pattern with more organic lines. Organic imitate the form of nature. They are not straight, rather, they are free flowing.



STEP 3:

The arrow next to SpongeBob indicates our light source. This is where we are imagining the direction light is coming from. This will help us determine our values. Based on what areas are more directly facing the light source we will have a better understanding of what areas should be darker than others. Create some linear hatches following SpongeBob's form. SpongeBob's left side is receiving less light than his front side, so it will have a darker value. To create this illusion, make sure you draw more lines and draw them closer together.



STEP 4:

Add the details and patterns that you find in wood to continue creating the texture. Use organic lines to create the grooves commonly found in wood.



STEP 5:

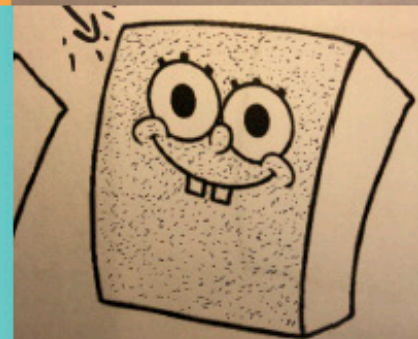
To continue the illusion, play around with the edges of the body. Because he's a sponge, SpongeBob normally has a wavy contour, or outline. Since we've drawn him like he was made out of wood, the edges of his body will become much more rigid and inorganic, or geometric.



WOOD

STEP 6:

A sandy SpongeBob would consist of heavy stippling. The various dots will help us create a grainy look.



SAND

Continued...

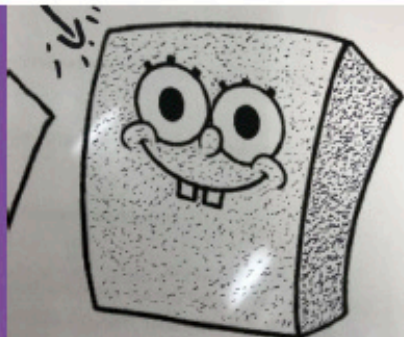


MATERIALS:

- Pen
- Downloadable Handout
- Eraser
- Optional: Marker, Pencil sharpener
- Don't forget your imaaaagination!

STEP 7:

To create a deeper, darker value, create stipples that are closer together. This will indicate that SpongeBob's left side is receiving less light.



SAND

STEP 8:

What if SpongeBob was made of cement? To create this texture, we'll use some organic lines to simulate cracking. Next, we'll use stippling to give our cement a grainy look. For the final step, we'll use the cross hatching technique to add value and a weathered look to our cement.



STEP 9:

Create some organic lines to make it look as if SpongeBob (err, CementBob) is cracking.



CEMENT

STEP 10:

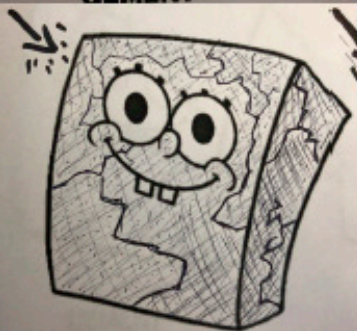
Using the stippling technique, we'll add some grain to our cement. The amount of grain you'd like to add is completely up to you and your imagination!



CEMENT

STEP 11:

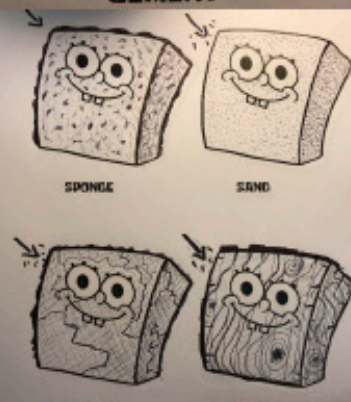
Use a loose cross hatching technique to create a more weathered look. This will also help us create darker values in areas that aren't by our light source.



CEMENT

STEP 12:

How else can you change up SpongeBob's texture? Can you give him some fur? Scales? What if he was made of rocks? Experiment with different forms of mark making to create your own patterns!





ACTIVITY 5

GIVE BACK

Creativity Anchor: According to researchers from the University of Zurich, creative people are not only more **generous**, they can find more ways to give. Creative people tend to be very tuned in to others' feelings, which makes them motivated to help. When resources are limited, one must be creative to be helpful!

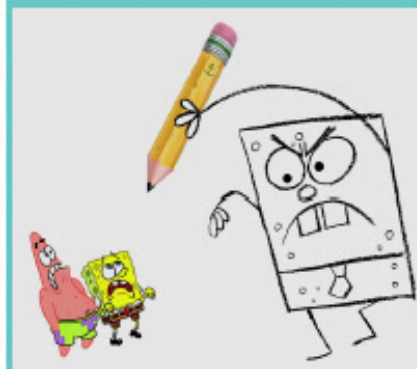
The Bikini Bottom Hook: Season 11 episode, "Doodle Dimension," SpongeBob and Patrick become trapped in an alternate dimension. They have to figure out how to stay safe and make something out of nothing, which they do by using a magic pencil to draw whatever they need on their quest to get back to Bikini Bottom.

Guidance by Demographic:

- Elementary:** Encourage taking-turns by distributing materials so the whole table shares.
- Tween/Teen:** Ask participants to create projects in pairs or small groups.
- Adult/Family:** Encourage making art with children or volunteering.

Let's Draw: Doodlebob Animation FlipBook

In the "Doodle Dimension" episode from Season 11, Spongebob and Patrick become trapped in the Doodle Dimension, an alternate dimension where anything they draw comes to life! In this exercise, we will build our own storyboard and create a flipbook that will bring our drawings to life. A flipbook is a type of book that uses a series of pictures that vary slightly from one page to the next. When flipped with enough speed, the still images appear to animate. Create a compelling story, share it and gift your knowledge of animation to a friend!

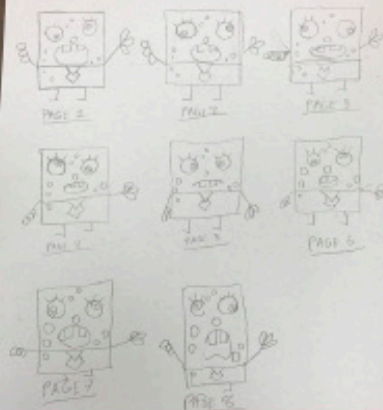


MATERIALS:

- Pencil
- Paper
- Eraser
- Stapler/paper or binder clips
- Don't forget your imaaaagination!

STEP 1:

For our first step, we'll want to create a storyboard to give us an idea of how we will lay out our pages. These drawings do not need to be perfect. Animators use storyboards to organize their ideas and illustrations before they get into the real deal. Here, we've drawn DoodleBob in the different poses we'd like to animate him in. Each page shows a similar pose, with a slight adjustment. Here, DoodleBob is moving his eyes, arms and mouth.



STEP 2:

You can use index cards as the paper for your flipbook, sticky notes or you can take a regular piece of paper and divide it into 8 separate rectangular sections. Each rectangle will be a page in your flipbook. Keep in mind that the more pages you have, the more detailed and fluid your animation will be. If you want more than 8 pages, repeat this step and create as many as you'd like!



STEP 3:

Cut your rectangles out and begin with the first page. This first page will be the archetype for the rest of your flipbook, so make sure that you are happy with it before you move on to the rest of your pages! Draw your images close to the edge of the paper where you will be flipping. You can number your pages (top left corner is a good option) to keep everything organized in case your pages get mixed up.



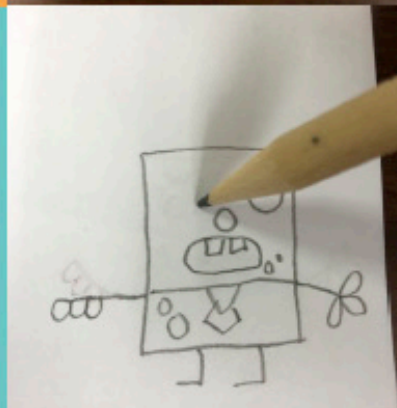
STEP 4:

To draw your second page, you'll place a new piece of paper over your first page. Trace your first drawing, but adjust the necessary areas. For this drawing, we're keeping most of it the same, but we'll make slight adjustments to indicate movement in the eyes, arms, and mouth. If you can't quite see your drawing under your page, place it on top of a light source.



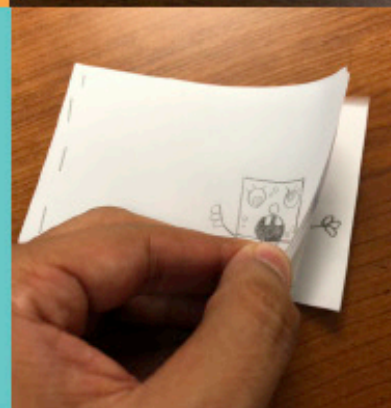
STEP 5:

Repeat Step 4, this time tracing over your second page. Notice how we are continually adjusting our drawing according to what we drew on our storyboard. Here you can see DoodleBob's right arm has been slightly lowered to indicated that he is lowering his arms. His mouth is growing narrower as he begins closing it. Small, gradual adjustments work best for flipbook animations.



STEP 6:

Bind your flip book with clips or some staples and flip through your animation! Once you get the hang of it, challenge yourself to create stories of nautical nonsense that you can share with friends and family!





ACTIVITY 6

STICK WITH IT

Creativity Anchor: Jeff Bezos, J.K. Rowling, and Beyoncé have all touted the benefits of failure! Creative people know that failure is the first step toward success. Staying determined and focused on a vision in spite of missteps and mistakes sets creative people apart.

The Bikini Bottom Hook: Season 10 episode, “Out of the Picture,” Squidward is determined to be a revered artist. Mr. Krabs is determined to get Squidward out of the picture so he can profit from the elevated status of his artwork. Finally, SpongeBob is determined to be positive and helpful. Each face obstacles in achieving their respective goals, and might have given up if they’d allowed disappointments to thwart them. In the end, though success is not entirely as they pictured it, they get what they want.

Guidance by Demographic:

- Elementary:** Encourage participants to try for 5 minutes before asking for help.
- Tween/Teen:** Validate alternative solutions to steps participants couldn’t do on their own.
- Adult/Family:** Do nothing! Millennials are self-starters. Be a cheerleader!

In the "Out Of The Picture" episode from Season 10, Squidward showcases and attempts to sell his art. After being ridiculed for creating "bad" art, Mr. Krabs buys it, hoping to make a profit when the value increases. Unfortunately, this will only happen if Squidward disappears. Fearing his safety, Squidward destroys the work Mr. Krabs purchased. An art appraiser witnesses the destruction and deems it a masterpiece of performance art. The remnants of Squidward's work are placed in a museum, and Squidward proudly exclaims - "I'm an artist!". Channel Squidward's determination and artistry by recreating his masterpiece - Very Handsome Squidward!

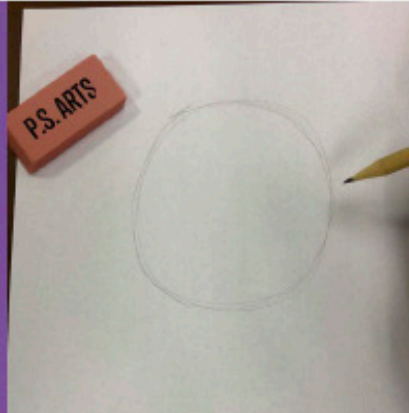


MATERIALS:

- Pencil
- Paper
- Eraser
- Optional: Marker, Pencil sharpener
- Don't forget your imaaaagination!

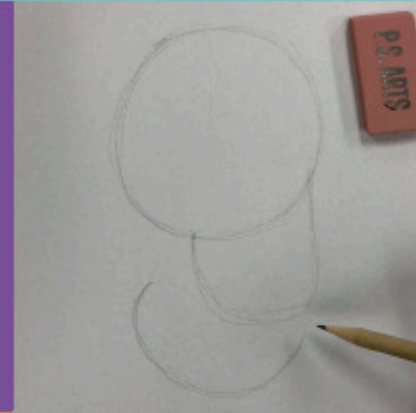
STEP 1:

When drawing a head, it's important to simplify it into basic shapes before adding all the major, complex details. These basic shapes will act as guidelines for us as we create our drawing. All heads start off as a sphere/oval shape. The size of your sphere/oval will determine the size of the head, so it's up to you how big you want your drawing to be!



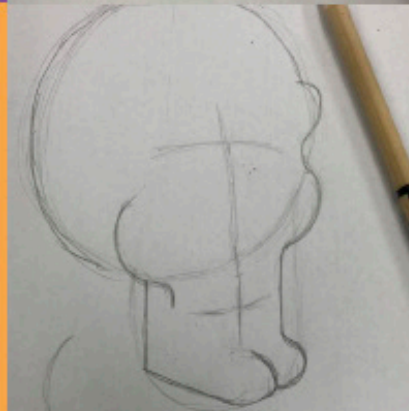
STEP 2:

We'll continue creating guidelines by adding a basic shape for Squidward's long, prominent chin - it resembles a letter "U", and a letter 'C' shaped line to indicate the collar of his shirt.



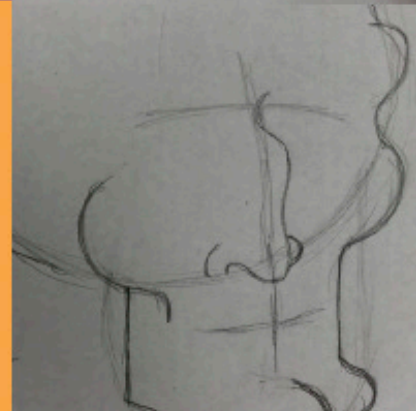
STEP 3:

Proportion is the relationship in size of one part of a work of art to another. When drawing faces, we want to keep features proportioned. Accurate proportions help add harmony, balance and realism to art. To help you with facial proportions, create a vertical guideline down the middle of his face. Create two horizontal guidelines to mark where his eyes and his mouth would be. You can begin to add in his cheekbones, chin, and forehead.



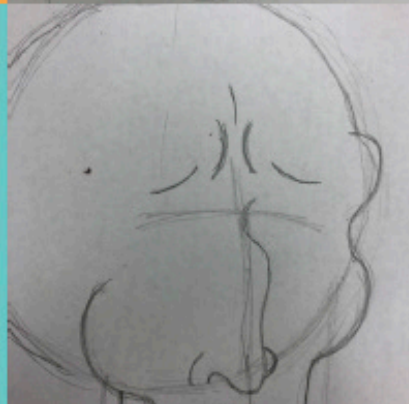
STEP 4:

To create the nose, we'll use our guideline from Step 3. Starting off just above the line that marks where his eyes will be, draw the contour, or outline, of his nose. The tip of the nose will fall just below where the oval and the shape you drew for the chin meet. Add the sides of the nostrils once you have the main contour line for the nose.



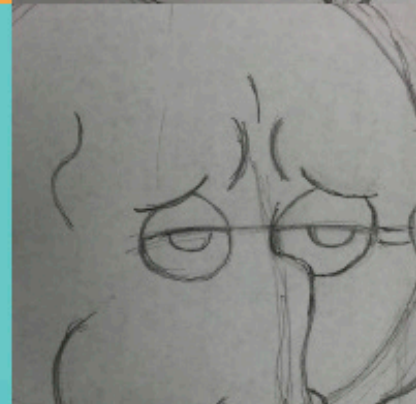
STEP 5:

Now we can begin to add some expression to his face. Here, we are further defining some of the muscles in his face. Artists often hold mirrors to their faces to examine how their face changes with different expressions. Very Handsome Squidward has a kind of thoughtful, solemn look - causing him to scrunch his forehead a bit.



STEP 6:

To create the eyes, use the top guideline to create the eyelids. To create the rest of the eyeball, draw one semi circle for the top half and another semi circle for the bottom half. Use the brow lines you created in Step 5 as guides, the eyeballs should appear to rest below them. Squidward's prominent nose should also appear to cover his left eye just a bit.



Continued...



MATERIALS:

- Pencil
- Ruler or straight edge
- Paper
- Eraser
- Optional: Marker, Pencil sharpener
- Don't forget your imaaaagination!

STEP 7:

Now you'll use the bottom guideline to create the mouth. The bottom guideline will help you split the top lip from the bottom lip. The top lip will be shaped like the letter "M" (or the top of a heart) and the bottom lip will be shaped like a wide letter "U."



STEP 8:

The guideline in the lips will also help you create the creases and details in Squidward's lips. You can also capture the wrinkle between his bottom lip and his chin.



STEP 9:

Now you can move on to his neck area. Draw a line connecting the head to the "C" shape we drew in Step 2 to create a neck for Squidward. You can also add an Adam's apple below his chin.



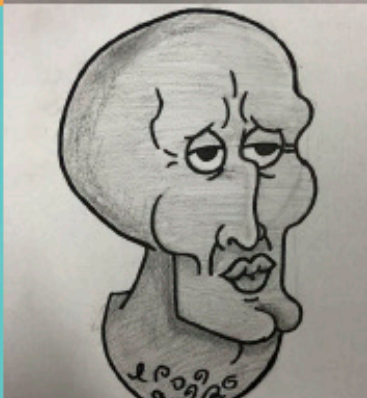
STEP 10:

Clean up your drawing and adjust it as you'd like. Once you're happy with your sketch, you can finalize your drawing using a black marker. You can add details like Very Handsome Squidward's fabulous chest hair!



STEP 11:

Color your drawing or use your pencil to shade Squidward in!



nickelodeon
SpongeBob
SQUAREPANTS

THANK YOU!

IN PARTNERSHIP WITH P.S. ARTS

